

PCRM contact info:
 Panama City Rescue Mission •
 609 Allen Ave. • Panama City, FL
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 850-769-0783 •
 www.pcrmission.org
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Life Transformed!
 Story by: Janet

My parents were missionaries. I heard about Jesus' love and forgiveness daily. I asked Jesus into my life early

And later made Christian ministry my life. Later in my forties a series of terrible things happened and I became so angry with God that I came close to renouncing my faith. The next four years I didn't open my bible or pray. Life became difficult. A friend suggested I drink a glass of wine to settle my stomach and help me get some sleep. The relief was profound. The pain in my life moved to a far distance. Tranquility was almost instant. I slept. Within a week that glass turned into a full bottle and I realized I'm in trouble. I was drinking all the time. I felt a

desperation for me and my children and everyone who cared for me.

One night, I cried out to God and gave back to Him complete control of my life. I looked for a place to get restored. God opened the door at the Panama City Rescue Mission women's program. Ephesians 3:16-19 are my verses to you. God's love is unmeasurable. God can pick you up.

Statistics on Drug Abuse and Addiction

1. According to a national survey, 4.2 million Americans aged 12 or older had used heroin at least once.
2. 23 percent of people that use heroin become dependent on it.
3. Cocaine abuse leads to nearly half of all drug related emergency room visits.
4. According to federal estimates, more than 12 million Americans have tried Methamphetamines.
5. Overdose of prescription opioid drugs kill more people than overdoses from all other drugs combined, including cocaine and heroin.
6. The most common prescribed drugs that are abused are OxyContin and Psychiatric drugs Vicodin, Adderall, Xanax and Valium.
7. Psychiatric drug classification Benzodiazepines account for 30% of drug overdose in 2010.
8. Alcoholic lives are 10-12 years shorter than those who drink moderately.
9. Women are more vulnerable than men to the effects of alcohol, putting them

at risk of victimization, rape, and violence.

10. Alcohol is the number one drug of choice among teenagers.

11. \$35 billion is the amount excessive drinking adds annually to U.S. health care coverage.

12. 40-60% is the common rate of relapse for addicts.

13. 80 million family members are touched by alcohol.

14. 20-25% of all persons hospitalized with an injury have identifiable problem drinking or alcoholism.

Sources: Breining Institute and Samhsa.gov



Rick Briggs, Ph.D., is Vice-President of Programs at Panama City Rescue Mission.

One-year Residential Recovery Program for men and women
 Cost: Free
 Application process: call 850-769-0783 or email rbriggs@pcrmission.org

At Panama City Rescue Mission and Bethel Village we have an extensive number of trained staff and volunteers to address the issues of long term addiction recovery. In general, the longer and more intense the drug use then longer and more intense is treatment. The programs are offered free to the client and cost is off-set by our many donors and volunteers.

The recovery programs is are 12 to 14 months long and divided up by 5 stages: Evaluation-45-60 days, Phase

1-60 to 150 days, Phase 2-150 to 240 days, Phase 3-240 to 330 days and Phase 4-330 to 450 days. The program ends with a graduation ceremony and certificate of completion.

It takes long term rehabilitation, a group of tools, and recovery classes to arrest this process. All areas must be addressed with the client in order to give the best opportunity for long term recovery and outcome. Upon a comprehensive assessment and case management the client enters a safe, supportive environment for discontinuing the preferred substance abuse through a variety of structured classes and Biblical discipleship. Along with the spiritual component, we address the addiction professionally

Our Mission

To provide an environment where the compassion and love of Jesus Christ heals and equips people to be successful in overcoming life's adversities.

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People Loving God
 and
 Serving Others

The Publishers and Staff of the weekly COUNTY PRESS are pleased to announce that we are donating a page of our publication each week to the work and events of the Panama City Rescue Mission. Future editions will feature the people who devote their efforts in helping those with addictions, and their recovery. We will also report the testimonies of those who graduate the programs offered by the Mission.